COVID-19 Risk Index

Risk levels for exposure vary based on four main factors:

- **Enclosed space**
- **Duration of interaction**
- **Crowds** Density of people + challenges for social distancing
- **Forceful exhalation** Sneezing, yelling, singing, and coughing

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**Low**

- Walking outdoors
  - With or without pets
- Staying at home
  - Alone or with members of your household
- Picking up takeout food, coffee, or groceries from stores
  - Without household people and physical distancing
- Playing "distanced" sports outside
  - Ex. Tennis or golf
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers

**Medium / Low**

- Grocery shopping
  - Indoor, close contact, potential clustering of people
- Retail shopping
  - Indoor, close contact, potential clustering of people
- Medical office visit
  - Indoor, potential clustering of people
- Dentist appointment
  - Indoor, close contact, potential clustering of people
- Hair/nail salon and barbershops
  - Indoor, close contact, potential clustering of people
- Visiting hospital emergency department
  - Indoor, potential clustering of people
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers

**Medium**

- Outdoor picnic or porch dining
  - Indoor, close contact, potential clustering of people
- Outdoor restaurant dining
  - Indoor, close contact, potential clustering of people
  - Potential crowding and activity
- Visiting hospital emergency department
  - Indoor, potential clustering of people
- Dentist appointment
  - Indoor, close contact, potential clustering of people
- Hair/nail salon and barbershops
  - Indoor, close contact, potential clustering of people
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers
- Visiting hospital emergency department
  - Indoor, potential clustering of people
- Dentist appointment
  - Indoor, close contact, potential clustering of people
- Hair/nail salon and barbershops
  - Indoor, close contact, potential clustering of people
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers

**Medium / High**

- Grocery shopping
  - Indoor, close contact, potential clustering of people
- Retail shopping
  - Indoor, close contact, potential clustering of people
- Medical office visit
  - Indoor, potential clustering of people
- Dentist appointment
  - Indoor, close contact, potential clustering of people
- Hair/nail salon and barbershops
  - Indoor, close contact, potential clustering of people
- Visiting hospital emergency department
  - Indoor, potential clustering of people
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers
- Visiting hospital emergency department
  - Indoor, potential clustering of people
- Dentist appointment
  - Indoor, close contact, potential clustering of people
- Hair/nail salon and barbershops
  - Indoor, close contact, potential clustering of people
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers

**High**

- Grocery shopping
  - Indoor, close contact, potential clustering of people
- Retail shopping
  - Indoor, close contact, potential clustering of people
- Medical office visit
  - Indoor, potential clustering of people
- Dentist appointment
  - Indoor, close contact, potential clustering of people
- Hair/nail salon and barbershops
  - Indoor, close contact, potential clustering of people
- Visiting hospital emergency department
  - Indoor, potential clustering of people
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers
- Visiting hospital emergency department
  - Indoor, potential clustering of people
- Dentist appointment
  - Indoor, close contact, potential clustering of people
- Hair/nail salon and barbershops
  - Indoor, close contact, potential clustering of people
- Taking a taxi or a ride-sharing service
  - Depending on frequency of cleaning, duration of ride, and number of passengers

**Additional risks**

- Bars and nightclubs
  - Indoor, close contact, potential clustering of people
  - High respiratory rate, unable to wear a mask
- Playing contact sports
  - Football, basketball, soccer, etc.
  - Prolonged close contact/potential clustering of people, high respiratory rate, loss of inhibition
- Dentist appointment
  - Indoor, close contact, potential clustering of people
  - Challenges to wear a mask during eating
- Grocery shopping
  - Indoor, close contact, potential clustering of people
  - High-touch surfaces
- Retail shopping
  - Indoor, close contact, potential clustering of people
  - High-touch surfaces
- Air travel
  - Enclosed space, prolonged close contact/potential clustering of people, high respiratory rate
  - Yelling/projection of voice
- Concert
  - Indoor, prolonged close contact/potential clustering of people, high respiratory rate, challenges to wear a mask
- Religious services
  - Indoor, prolonged close contact/potential clustering of people, high respiratory rate, singing/projection of voice
- Movie theater or live theater
  - Enclosed space, prolonged close contact/potential clustering of people, high respiratory rate
  - Yelling/projection of voice
  - Indore (if indoor)
- Watching sports
  - Indoor, prolonged close contact/potential clustering of people, high respiratory rate, challenges to wear a mask
  - Yelling/projection of voice

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**REOPEN INTELLIGENTLY. REOPEN SAFELY.**